

AWAKENING TO PRESENCE

with Michael Fleming presents:

FALL PUBLIC INTENSIVE, MARQUETTE ISLAND, MI "THE PRACTICAL AND DYNAMIC PATH OF TRUTH"

This 4 day experiential workshop will include attention on the following topics:

1. *The direct approach to Awakening*
2. *True Meditation versus False Meditation*
3. *Awakening to Presence, Being, Essence*
4. *Character structure and body reading*
5. *Site-specific energy and bodywork anatomy and psychosomatic/emotional exploration*
6. *Conscious Movement*

These topics will be approached thru physical body-based teaching, partner and group exercises, energy awareness training, and individual and group process support. Come join the adventure of awakening!

Dates and Times: 4 Day Intensive
Registration at 9:30 AM Friday, Sep 19, 2008
Workshop: 10 AM to 7 PM Fri-Sun, Sep 19-21
10 AM to 5 PM on Monday, Sep 22



Location:

The intensive will be held at a large, spacious cabin on Marquette Island, a beautiful retreat setting on Lake Huron, near Hessel, Michigan. Nutritious home-cooked meals will be provided.

Costs:

Tuition and Meals: \$550.00 (includes \$50 advance deposit)

Lodging and Transportation: The first 10 people to sign up may

stay at the island cabin for free. Later registrants will pay an additional \$25 per night (double occupancy) to stay at the nearby Spring Lodge. Transportation will be by boat from the Spring Lodge each day.

Advance Commitment Required: To reserve a space at this workshop, all participants must sign-up in advance by delivering a \$50 non-refundable deposit to Mark Clymer **no later than September 12, 2008**

To sign up, contact: Mark Clymer (906) 484-2792 e-mail: uphealer@peaceofwellness.com



Michael Fleming is an experienced, professional healer and workshop leader who has facilitated workshops on awakening in the U.S., Brazil, Mexico, and Japan. He received a B.S. in biology from the U.S. Air Force Academy in Colorado Springs, and a B.S. in physical therapy from the University of New Mexico in Albuquerque. He graduated from the holistic healing science program at the Barbara Brennan School of Healing in 1996, and served on the faculty there for four years. He brings a deep love and understanding of the physical body into his teaching.

<http://www.awakeningtopresence.com>